

# Improve your health at no cost to you.

With Livongo you get an advanced blood glucose meter, blood pressure monitor, free strips, coaching and more so you never miss a beat.



Programs include trends and support on your secure Livongo account and mobile app but does not include a phone or tablet.

Register at [get.livongo.com/UTS](https://get.livongo.com/UTS)  
or call (800) 945-4355  
Use registration code: UTS

We offer the Livongo program to members and their covered dependents enrolled in the UT SELECT health plan.

You must have an iPhone or Android smartphone and install the Livongo app to participate in the Livongo for Hypertension Program.

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