

# High Blood Pressure Management, Simplified

An advanced blood pressure monitor, and support you need, 100% paid for by your health plan.



## It's all for you and all on the house:



A connected blood pressure monitor



Automatic uploads mean no more writing down numbers



Support from coaches when you need it



Summary reports you can send your doctor



Reminders you can set to check your blood pressure



Advice on what to eat and how to live healthier



## Unlimited support. Unlimited inspiration. It's all free for you.

Join today at [ready.livongo.com/UTS/register](https://ready.livongo.com/UTS/register) or call (800) 945-4355

Use registration code: **UTS**

We offer the Livongo program to members and their covered dependents enrolled in the UT SELECT health plan.

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Program includes trends and support on your secure Livongo account and mobile app but does not include a phone or tablet. You must have an iPhone or Android smartphone and install the Livongo app to participate in the Livongo for Hypertension Program.